TEAM MMA
MILLER'S MARTIAL ARTS

Miller's Martial Arts Citizenship Awards Program

"The Family That Kicks Together Sticks Together"

PAN-AM TANG SOO DO FED.

MONTH_____ YEAR_____

NAME_____ AGE____ BELT_____ GRADE_____

Daily Jobs At Home
For Miller's Karate Kids

CLEAN ROOM: RESPONSIBILITY

1. Make my bed.
2. Hang up my clothes.
3. Put away all my belongings.
4.
5.

EXCELLENT SELF-CARE: SELF-CONFIDENCE

1. Brush my teeth.
2. Take bath(hang towels after).
3. Put all dirty clothes in laundry.
4.
5.

STUDY/PRACTICE: CHARACTER

1. Complete homework.
2. Get an "A" on a test.
3. Basic exercise(running,etc.).
4. Practice forms & basics.
5. Review things learned today.

WONDERFUL FAMILY: RESPECT, LOVE

1. Clean up after meals & snacks.
2. Take out the trash.
3. Listen to & respect parents.
4. Share & cooperate with siblings.
5. "Good Morning" & "Good Night" to parents.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

(DRAW A ☺ FOR COMPLETED JOBS ONLY.)

PARENT/GUARDIAN SIGNATURE _____

Score:

(Blank lines can be filled by individual family jobs.)

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MILLERS TINY TOTS